

SUMMER

# ADULT OPEN SWIM & LAP SWIM



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**OLD TOWN - ORONO YMCA**  
472 Stillwater Avenue, Old Town, ME 04468  
207 827 9622 • [OTOYMCA.org/schedules](http://OTOYMCA.org/schedules)

## AUGUST 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

|  |  |  |   |  |  |
|--|--|--|---|--|--|
|  |  |  |   | <sup>1</sup><br>6:00 AM - 6:45 AM (2P/4S)<br>7:00 AM - 7:45 AM (1P/2S/30)<br>8:00 AM - 8:45 AM (1P/2S/30)<br><br>1:00 PM - 1:45 PM (1P/2S/30)  | <sup>2</sup><br><br>8:30 AM - 9:15 AM (4P/2S)<br><br>12:30 PM - 1:15 PM (1P/1S)  |
| <sup>4</sup><br>6:00 AM - 6:45 AM (1P/2S/30)<br>7:00 AM - 7:45 AM (2P/1S/30)<br>8:00 AM - 8:45 AM (1P/2S/30)<br>9:00 AM - 9:45 AM (1P/1S)<br>9:45 AM - 10:30 AM (1P/2S)<br><br>1:00 PM - 2:45 PM (30)<br>2:45 PM - 3:30 PM (1P/1S)<br>6:00 PM - 6:45 PM (1P/1S)  | <sup>5</sup><br>6:00 AM - 6:45 AM (2P/4S)<br>7:00 AM - 7:45 AM (2P/4S)<br>9:00 AM - 9:45 AM (1P/1S)<br><br>12:15 PM - 1:00 PM (1P/1S)<br>1:00 PM - 1:45 PM (1P/2S/30)  | <sup>6</sup><br>6:00 AM - 6:45 AM (1P/2S/30)<br>7:00 AM - 7:45 AM (2P/1S/30)<br>8:00 AM - 8:45 AM (1P/2S/30)<br>9:00 AM - 9:45 AM (1P/1S)<br><br>1:00 PM - 2:45 PM (30)  | <sup>7</sup><br>6:00 AM - 6:45 AM (2P/4S)<br>7:00 AM - 7:45 AM (2P/4S)<br>9:00 AM - 9:45 AM (1P/1S)<br><br>12:15 PM - 1:00 PM (1P/1S)<br>1:00 PM - 1:45 PM (1P/2S/30)<br>6:00 PM - 6:45 PM (1P/1S)  | <sup>8</sup><br>6:00 AM - 6:45 AM (2P/4S)<br>7:00 AM - 7:45 AM (1P/2S/30)<br>8:00 AM - 8:45 AM (1P/2S/30)<br><br>1:00 PM - 1:45 PM (1P/2S/30)  | <sup>9</sup><br><br>8:30 AM - 9:15 AM (4P/2S)<br><br>12:30 PM - 1:15 PM (1P/1S)  |
| <sup>11</sup><br>6:00 AM - 6:45 AM (1P/2S/30)<br>7:00 AM - 7:45 AM (2P/1S/30)<br>8:00 AM - 8:45 AM (1P/2S/30)<br>9:00 AM - 9:45 AM (1P/1S)<br>9:45 AM - 10:30 AM (1P/2S)<br><br>1:00 PM - 2:45 PM (30)<br>2:45 PM - 3:30 PM (1P/1S)<br>6:00 PM - 6:45 PM (1P/1S) | <sup>12</sup><br>6:00 AM - 6:45 AM (2P/4S)<br>7:00 AM - 7:45 AM (2P/4S)<br>9:00 AM - 9:45 AM (1P/1S)<br><br>12:15 PM - 1:00 PM (1P/1S)<br>1:00 PM - 1:45 PM (1P/2S/30) | <sup>13</sup><br>6:00 AM - 6:45 AM (1P/2S/30)<br>7:00 AM - 7:45 AM (2P/1S/30)<br>8:00 AM - 8:45 AM (1P/2S/30)<br>9:00 AM - 9:45 AM (1P/1S)<br><br>1:00 PM - 2:45 PM (30) | <sup>14</sup><br>6:00 AM - 6:45 AM (2P/4S)<br>7:00 AM - 7:45 AM (2P/4S)<br>9:00 AM - 9:45 AM (1P/1S)<br><br>12:15 PM - 1:00 PM (1P/1S)<br>1:00 PM - 1:45 PM (1P/2S/30)<br>6:00 PM - 6:45 PM (1P/1S) | <sup>15</sup><br>6:00 AM - 6:45 AM (2P/4S)<br>7:00 AM - 7:45 AM (1P/2S/30)<br>8:00 AM - 8:45 AM (1P/2S/30)<br><br>1:00 PM - 1:45 PM (1P/2S/30) | <sup>16</sup><br><br>8:30 AM - 9:15 AM (4P/2S)<br><br>12:30 PM - 1:15 PM (1P/1S) |

18 - 23

## THE HERB SARGENT FAMILY THERAPEUTIC POOL WILL BE CLOSED FOR ANNUAL MAINTENANCE UNTIL SEPTEMBER 2

THANK YOU FOR YOUR PATIENCE WHILE WE WORK TO ENSURE OUR AQUATIC FACILITY REMAINS A SAFE, CLEAN, AND WELCOMING ENVIRONMENT FOR ALL

25 - 30

## OUR Y WILL BE CLOSED WHILE WE INSTALL NEW FLOORS WE WILL RE-OPEN ON TUESDAY, SEPTEMBER 2!

THANK YOU FOR YOUR UNDERSTANDING AS WE MAKE IMPORTANT UPGRADES TO ENSURE WE CONTINUE TO PROVIDE SAFE AND WELCOMING SPACES FOR OUR COMMUNITY TO CONNECT AND FOR ALL OF US TO LEARN, GROW, AND THRIVE

### SPLASH INTO THE Y THIS SUMMER!

A FEW QUICK NOTES AS YOU READ THE SCHEDULE:

- ADULT OPEN TIMES ARE NOW INCLUDED ON THIS SCHEDULE, INDICATED WITH "30" IN PARENTHESES WHEN AVAILABLE
- SUMMER IS STILL IN FULL SWING - BE PREPARED TO SHARE THE POOL WITH YOUTH AND FAMILIES DURING SOME LAP TIMES
- KEEP AN EYE OUT FOR ONGOING CHANGES AS WE WORK TO BALANCE THE NEEDS OF ALL OUR MEMBERS AND GUESTS!

### REGISTER ONLINE, CALL, OR STOP BY THE Y TO RESERVE YOUR TIME

SHARED LANE & ADULT OPEN PRICING:

FREE FOR MEMBERS + NATIONWIDE MEMBERS  
\$10 FOR GUESTS

PRIVATE LANE PRICING:

\$3 FOR MEMBERS  
\$15 FOR GUESTS + NATIONWIDE MEMBERS