

# FALL 2 ADULT (18 & OVER) OPEN SWIM



## OCTOBER & NOVEMBER 2025

| MONDAY                                                                                                                           | TUESDAY                                                                          | WEDNESDAY                                                                                                              | THURSDAY                                                                                | FRIDAY                                                                                            | SATURDAY                                                           |
|----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|
| <div>10/20</div> 6:00 AM – 6:45 AM (2 LANES)<br>8:00 AM – 8:45 AM<br>9:00 AM – 9:45 AM<br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM | <div>10/21</div> 7:00 AM – 7:45 AM<br><br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM | <div>10/22</div> 6:00 AM – 6:45 AM<br>8:00 AM – 8:45 AM<br>9:00 AM – 9:45 AM<br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM | <div>10/23</div> 7:00 AM – 7:45 AM<br><br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM        | <div>10/24</div> 8:00 AM – 8:45 AM<br>9:00 AM – 9:45 AM<br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM | <div>10/25</div>                                                   |
| <div>10/27</div> 6:00 AM – 6:45 AM<br>8:00 AM – 8:45 AM<br>9:00 AM – 9:45 AM<br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM           | <div>10/28</div> 7:00 AM – 7:45 AM<br><br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM | <div>10/29</div> 6:00 AM – 6:45 AM<br>8:00 AM – 8:45 AM<br>9:00 AM – 9:45 AM<br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM | <div>10/30</div> 7:00 AM – 7:45 AM<br><br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM        | <div>10/31</div> 8:00 AM – 8:45 AM<br>9:00 AM – 9:45 AM<br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM | <div>1</div>                                                       |
| <div>3</div> 6:00 AM – 6:45 AM<br>8:00 AM – 8:45 AM<br>9:00 AM – 9:45 AM<br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM               | <div>4</div> 7:00 AM – 7:45 AM<br><br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM     | <div>5</div> 6:00 AM – 6:45 AM<br>8:00 AM – 8:45 AM<br>9:00 AM – 9:45 AM<br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM     | <div>6</div> 7:00 AM – 7:45 AM<br><br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM            | <div>7</div> 8:00 AM – 8:45 AM<br>9:00 AM – 9:45 AM<br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM     | <div>8</div>                                                       |
| <div>10</div> 6:00 AM – 6:45 AM (2 LANES)<br>8:00 AM – 8:45 AM<br>9:00 AM – 9:45 AM<br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM    | <div>11</div> 7:00 AM – 7:45 AM<br><br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM    | <div>12</div> 6:00 AM – 6:45 AM<br>8:00 AM – 8:45 AM<br>9:00 AM – 9:45 AM<br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM    | <div>13</div> 7:00 AM – 7:45 AM<br><br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM           | <div>14</div> 8:00 AM – 8:45 AM<br>9:00 AM – 9:45 AM<br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM    | <div>15</div> OUR SWIM TEAM'S<br>24-HOUR RELAY<br>BEGINS AT 10 AM! |
| <div>17</div> 6:00 AM – 6:45 AM (2 LANES)<br>8:00 AM – 8:45 AM<br>9:00 AM – 9:45 AM<br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM    | <div>18</div> 7:00 AM – 7:45 AM<br><br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM    | <div>19</div> 6:00 AM – 6:45 AM<br>8:00 AM – 8:45 AM<br>9:00 AM – 9:45 AM<br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM    | <div>20</div> 7:00 AM – 7:45 AM<br><br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM           | <div>21</div> 8:00 AM – 8:45 AM<br>9:00 AM – 9:45 AM<br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM    | <div>22</div>                                                      |
| <div>24</div> 6:00 AM – 6:45 AM<br>8:00 AM – 8:45 AM<br>9:00 AM – 9:45 AM<br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM              | <div>25</div> 7:00 AM – 7:45 AM<br><br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM    | <div>26</div> 6:00 AM – 6:45 AM<br>8:00 AM – 8:45 AM<br>9:00 AM – 9:45 AM<br>1:00 PM – 1:45 PM<br>2:00 PM – 2:45 PM    | <div>27 – 28</div> CLOSED FOR THANKSGIVING!<br>HAVE A SAFE, HAPPY<br>& HEALTHY HOLIDAY! |                                                                                                   | <div>29</div>                                                      |

REGISTER ONLINE, CALL, OR STOP BY THE Y TO RESERVE YOUR TIME

**ADULT OPEN PRICING:**  
 FREE FOR MEMBERS  
 FREE FOR NATIONWIDE MEMBERS  
 \$10 FOR GUESTS

UNLESS OTHERWISE INDICATED, THERE WILL BE HALF OF  
 THE POOL (3 LANES) AVAILABLE FOR ADULT OPEN SWIM  
 WITH LAP SWIM OR OTHER PROGRAMMING AND RENTALS  
 IN THE REMAINING LANES

# FALL 2 SHARED & PRIVATE LANE LAP SWIM



## OCTOBER & NOVEMBER 2025

| MONDAY                                                                                                                                                                                                                                                       | TUESDAY                                                                                                                                                                                            | WEDNESDAY                                                                                                                                                                                                                                                    | THURSDAY                                                                                                                                                                                                                         | FRIDAY                                                                                                                                                                                                                                              | SATURDAY                                                                                                         |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|
| <div>10/20</div> 6:00 AM – 6:45 AM (1P/1S)<br>7:00 AM – 7:45 AM (2P/3S)<br>8:00 AM – 8:45 AM (1P/2S)<br>9:00 AM – 9:45 AM (1P/2S)<br>10:00 AM – 10:45 AM (2P/4S)<br><br>1:00 PM – 1:45 PM (1P/2S)<br>2:00 PM – 2:45 PM (1P/2S)<br><br>6:00 PM – 6:45 PM (1S) | <div>10/21</div> 6:00 AM – 6:45 AM (2P/4S)<br>7:00 AM – 7:45 AM (1P/2S)<br>8:00 AM – 8:45 AM (1S)<br><br>10:00 AM – 10:45 AM (2P/2S)<br><br>1:00 PM – 1:45 PM (1P/2S)<br>2:00 PM – 2:45 PM (1P/2S) | <div>10/22</div> 6:00 AM – 6:45 AM (1P/2S)<br>7:00 AM – 7:45 AM (2P/3S)<br>8:00 AM – 8:45 AM (1P/2S)<br>9:00 AM – 9:45 AM (1P/2S)<br>10:00 AM – 10:45 AM (2P/4S)<br><br>1:00 PM – 1:45 PM (1P/2S)<br>2:00 PM – 2:45 PM (1P/2S)<br><br>6:00 PM – 6:45 PM (1S) | <div>10/23</div> 6:00 AM – 6:45 AM (2P/4S)<br>7:00 AM – 7:45 AM (1P/2S)<br>8:00 AM – 8:45 AM (1S)<br><br>10:00 AM – 10:45 AM (2P/4S)<br><br>1:00 PM – 1:45 PM (1P/2S)<br>2:00 PM – 2:45 PM (1P/2S)<br><br>6:00 PM – 6:45 PM (1S) | <div>10/24</div> 6:00 AM – 6:45 AM (2P/3S)<br>7:00 AM – 7:45 AM (2P/3S)<br>8:00 AM – 8:45 AM (1P/2S)<br>9:00 AM – 9:45 AM (1P/2S)<br><br>1:00 PM – 1:45 PM (1P/2S)<br>2:00 PM – 2:45 PM (1P/2S)<br>5:00 PM – 5:45 PM (1S)<br>6:00 PM – 6:45 PM (1S) | <div>10/25</div> 8:15 AM – 9:00 AM (2P/4S)                                                                       |
| <div>10/27</div> 6:00 AM – 6:45 AM (1P/2S)<br>7:00 AM – 7:45 AM (2P/3S)<br>8:00 AM – 8:45 AM (1P/2S)<br>9:00 AM – 9:45 AM (1P/2S)<br>10:00 AM – 10:45 AM (2P/4S)<br><br>1:00 PM – 1:45 PM (1P/2S)<br>2:00 PM – 2:45 PM (1P/2S)<br><br>6:00 PM – 6:45 PM (1S) | <div>10/28</div> 6:00 AM – 6:45 AM (2P/4S)<br>7:00 AM – 7:45 AM (1P/2S)<br>8:00 AM – 8:45 AM (1S)<br><br>10:00 AM – 10:45 AM (2P/2S)<br><br>1:00 PM – 1:45 PM (1P/2S)<br>2:00 PM – 2:45 PM (1P/2S) | <div>10/29</div> 6:00 AM – 6:45 AM (1P/2S)<br>7:00 AM – 7:45 AM (2P/3S)<br>8:00 AM – 8:45 AM (1P/2S)<br>9:00 AM – 9:45 AM (1P/2S)<br>10:00 AM – 10:45 AM (2P/4S)<br><br>1:00 PM – 1:45 PM (1P/2S)<br>2:00 PM – 2:45 PM (1P/2S)<br><br>6:00 PM – 6:45 PM (1S) | <div>10/30</div> 6:00 AM – 6:45 AM (2P/4S)<br>7:00 AM – 7:45 AM (1P/2S)<br>8:00 AM – 8:45 AM (1S)<br><br>10:00 AM – 10:45 AM (2P/4S)<br><br>1:00 PM – 1:45 PM (1P/2S)<br>2:00 PM – 2:45 PM (1P/2S)<br><br>6:00 PM – 6:45 PM (1S) | <div>10/31</div> 6:00 AM – 6:45 AM (2P/3S)<br>7:00 AM – 7:45 AM (2P/3S)<br>8:00 AM – 8:45 AM (1P/2S)<br>9:00 AM – 9:45 AM (1P/2S)<br><br>1:00 PM – 1:45 PM (1P/2S)<br>2:00 PM – 2:45 PM (1P/2S)                                                     | <div>1</div> 8:15 AM – 9:00 AM (2P/4S)                                                                           |
| <div>3</div> 6:00 AM – 6:45 AM (1P/2S)<br>7:00 AM – 7:45 AM (2P/3S)<br>8:00 AM – 8:45 AM (1P/2S)<br>9:00 AM – 9:45 AM (1P/2S)<br>10:00 AM – 10:45 AM (2P/4S)<br><br>1:00 PM – 1:45 PM (1P/2S)<br>2:00 PM – 2:45 PM (1P/2S)<br><br>6:00 PM – 6:45 PM (1S)     | <div>4</div> 6:00 AM – 6:45 AM (2P/4S)<br>7:00 AM – 7:45 AM (1P/2S)<br>8:00 AM – 8:45 AM (1S)<br><br>10:00 AM – 10:45 AM (2P/2S)<br><br>1:00 PM – 1:45 PM (1P/2S)<br>2:00 PM – 2:45 PM (1P/2S)     | <div>5</div> 6:00 AM – 6:45 AM (1P/2S)<br>7:00 AM – 7:45 AM (2P/3S)<br>8:00 AM – 8:45 AM (1P/2S)<br>9:00 AM – 9:45 AM (1P/2S)<br>10:00 AM – 10:45 AM (2P/4S)<br><br>1:00 PM – 1:45 PM (1P/2S)<br>2:00 PM – 2:45 PM (1P/2S)<br><br>6:00 PM – 6:45 PM (1S)     | <div>6</div> 6:00 AM – 6:45 AM (2P/4S)<br>7:00 AM – 7:45 AM (1P/2S)<br>8:00 AM – 8:45 AM (1S)<br><br>10:00 AM – 10:45 AM (2P/4S)<br><br>1:00 PM – 1:45 PM (1P/2S)<br>2:00 PM – 2:45 PM (1P/2S)<br><br>6:00 PM – 6:45 PM (1S)     | <div>7</div> 6:00 AM – 6:45 AM (2P/3S)<br>7:00 AM – 7:45 AM (2P/3S)<br>8:00 AM – 8:45 AM (1P/2S)<br>9:00 AM – 9:45 AM (1P/2S)<br><br>1:00 PM – 1:45 PM (1P/2S)<br>2:00 PM – 2:45 PM (1P/2S)<br>5:00 PM – 5:45 PM (1S)<br>6:00 PM – 6:45 PM (1S)     | <div>8</div> 8:15 AM – 9:00 AM (2P/4S)                                                                           |
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**CLOSED FOR THANKSGIVING!**

**HAVE A SAFE, HAPPY  
& HEALTHY HOLIDAY!**

**SHARED LANE PRICING:**  
FREE FOR MEMBERS  
FREE FOR NATIONWIDE MEMBERS  
\$10 FOR GUESTS

**PRIVATE LANE PRICING:**  
\$3 FOR MEMBERS  
\$15 FOR NATIONWIDE MEMBERS  
\$15 FOR GUESTS

**REGISTER ONLINE, CALL, OR STOP BY THE Y TO RESERVE YOUR TIME**

**OLD TOWN – ORONO YMCA** 472 Stillwater Avenue, Old Town, ME 04468 • 207 827 9622 • [OTOYMCA.org/schedules](http://OTOYMCA.org/schedules)